



Heacham Junior School * Heacham Infant and Nursery School * Snettisham Primary
*“Learning together to explore, discover, succeed and grow –
love of learning, bright and happy futures”*

Monday 19th October 2020

Dear Parents and Carers,

Please see attached letter from the NHS regarding important information relating to the symptoms of Covid 19 and when to get your child tested. Please could I highlight the main points from this information below;

- You should only book a test if you or your child displays any of these three main symptoms:
 - 1. A HIGH TEMPERATURE.**
 - 2. A NEW CONTINUOUS COUGH.**
 - 3. A LOSS OF, OR CHANGE IN, SENSE OF SMELL OR TASTE.**
- Tests are not needed if your child’s symptoms include a runny nose, sneezing or feeling unwell but they **do not** have a temperature, cough or loss of, or change in, sense of taste or smell, because these are not normally symptoms of Covid 19.
- If a pupil in a class or bubble tests positive for Coronavirus, anyone who is advised to self-isolate does not require a test **unless they subsequently develop symptoms**. At this point **all** members of the household will need to isolate.

If you are unsure about whether to get a test, please visit the following NHS website:
www.nhs.uk/conditions/coronavirus-covid-19/symptoms/

There is also a very helpful website produced by the NHS which gives guidance as to when children should and should not attend school: <https://www.nhs.uk/live-well/healthy-body/is-my-child-too-ill-for-school>.

Thank you for your help in keeping our school environment a safe one!

Best Regards,

Louise Jackson
Executive Headteacher